



Summit Academy

Summit Academy Secondary School- Youngstown

Student Wellness Plan 2025-2026

The Department of Education and Workforce has implemented the Future Forward initiative to focus on the needs of the whole child. The state has provided student wellness funds for Ohio schools to ensure that the well-being of students specific to their physical, emotional, social, and academic needs are met.

Student Wellness and Success Funding Allocation

The student wellness and success funds are allocated to each Summit Academy school and are included in the monthly foundation payment. There are specific guidelines and expectations as to how the funds are spent.

These requirements include:

- Spend at least 50% of Student Wellness and Success Funds on physical or mental health services.
- Develop a Student Wellness funding plan in collaboration with both a community mental health prevention or treatment provider and another community partner.
- Share the Student Wellness and Success Fund plan with the governing body and post it to the website within 30 days after the development or amendment of the plan.
- Report annually on how the district or school spent Student Wellness and Success Funds and Disadvantaged Pupil Impact Aid.
- Spend Student Wellness and Success Funds by the end of the next fiscal year.

Estimated Annual Student Wellness and Success Funds: \$34,554.72

Needs Assessment and Goals

The Student Wellness and Success Funds plan began with the completion of the One Needs Assessment and a review of root cause analyses. This process identified a need to improve academic outcomes in English Language Arts and Math, as well as to provide comprehensive behavioral support for students. This also includes educational resources for both parents and staff. The use of these

funds has been aligned with the One Plan goals focused on academic improvement and reducing behavioral incidents.

Community Partners

All Summit schools work in collaboration with mental health organizations to address the behavioral, physical, and emotional health of our students. Summit Academy Secondary School Youngstown has partnered with The Village Network. This organization focuses on students' mental health needs with an emphasis on student coping strategies and family support.

Summit Academy Secondary School-Youngstown has also partnered with State Support Team 5, focusing on increased academic progress and student engagement. This partnership ensures that best practices and appropriate instructional strategies are being implemented with fidelity.

Student Wellness and Success Funding Initiatives

After reviewing available funds and the One Plan needs assessment data, the following initiative has been identified for the Student Wellness Plan.

Initiative 1: Physical activity improving mental health

Funding Plan: Support the salary of a physical education teacher

Physical education programming focuses on the benefits of a healthy, active lifestyle. Our goal is to improve students' physical and mental health. Through the health and physical education courses, opportunities for discussions aligned to physical and mental health are imperative. Hands-on learning, including practicing physical exercises and activities that can be incorporated into an active, healthy lifestyle is provided. Students will also learn about the consequences of unhealthy lifestyle choices and their impact on the body and mind. Offering engaging academic activities will motivate students to be present at school, and help students stay focused on regulating their behaviors to ensure participation. These successful experiences will raise their confidence and engagement in regular schoolwork while positively impacting their personal life. Problem-solving and real-life examples related to the importance of a healthy mind and body will allow students to develop mental habits and executive functioning skills that will help them succeed in many areas of life, in and out of school.