OCTOBER 2026

Middletown Secondary Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 WG Penne Pasta w/Marinara & Meatballs Salad w/Dressing Fruit Cup 100% Fruit Juice Milk	2 NO SCHOOL!!
5 Mini Pancakes Turkey Sausage Home Fries Applesauce 100% Fruit Juice Milk	6 Beef Hot Dog w/WG Bun Baked Beans Fruit Cup 100% Fruit Juice Milk	7 Donato's Pizza Carrots (2) w/Ranch Applesauce 100% Fruit Juice Milk	8 WG Popcorn Chicken WG Roll Salad w/Ranch Carrots Fruit 100% Fruit Juice Milk	9 NO SCHOOL!!
12 Cheeseburger w/WG Bun Carrots Raisins 100% Fruit Juice Milk	13 Beef Tacos w/WG Tortilla (2) Black Beans Lettuce/Cheese/Salsa Fresh Fruit 100% Fruit Juice Milk	14 Donato's Pizza Carrots (2) w/Ranch Applesauce 100% Fruit Juice Milk	15 WG Chicken Drumstick WG Roll Mashed Potatoes Corn Fruit 100% Fruit Juice Milk	16 NO SCHOOL!!
19 WG Chicken Patty w/WG Bun Baked Beans Fruit 100% Fruit Juice Milk	20 WG Mini French Toast Turkey Sausage (2) Home Fries Dried Fruit 100% Fruit Juice Milk	21 Donato's Pizza Carrots (2) w/Ranch Applesauce 100% Fruit Juice Milk	22 WG Cheese Breadsticks (2) Marinara Sauce Broccoli Fresh Fruit 100% Fruit Juice Milk	23 NO SCHOOL!!
26 Meatball Sub w/WG Bun Marinara & Mozzarella Carrots w/Ranch Dried Fruit 100% Fruit Juice Milk	27 WG Chicken Rice Bowl Black Beans Lettuce/Cheese Fresh Fruit 100% Fruit Juice Milk	28 Donato's Pizza Carrots (2) w/Ranch Applesauce 100% Fruit Juice Milk	29 WG Chicken Drumstick WG Roll Mashed Potatoes Mixed Vegetables Fruit 100% Fruit Juice Milk	30 NO SCHOOL!!

News

ALSO OFFERED AS AN ALTERNATE ENTRÉE ON A DAILY BASIS:

Entrée Salad – Lettuce, Carrots, Shredded Cheese, Cucumber Slices, Cherry Tomatoes.
WG Croutons (packages separately)
Choice of Ranch or Italian Dressing
Students may also take fruit & Milk.

Sack Lunch- Strawberry or Grape WG Uncrustable (contains Peanut Butter!)
String Cheese, WG Item of the Day, Fresh Baby Carrots & Ranch
Students may also take fruit & Milk.

Fueling healthy minds & bodies!

USDA is an equal opportunity provider, employer, and lender.

Fat Free Chocolate & 1% White Milk are offered daily with every meal. Water is available upon request. MENU SUBJECT TO CHANGE.