

October 2019

Summit Academy

Lunch Menu NSLP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1-Oct	2-Oct	3-Oct	4-Oc
•••	Breaded Chicken Nuggets	Walking Taco	Breakfast for Lunch	Creamy Italian Chicken & Pasta
	WG Dinner Roll	w/ Cheese & Lettuce	Sausage & Egg	WG Bread
	Baked Beans	WG Baked Tortilla Scoops	WG English Muffin	Green Beans
	Mixed Vegeatbles	Carrots	Breakfast Potatoes	Peaches
	Mandarin Oranges	Pears	Applesauce	Margarine
	BBQ Sauce, Margarine	Taco Sauce	Ketchup, Margarine	Margarine
	DD a Gaass, manganns			
7-Oct	8-Oct	9-Oct	10-Oct	11-Oc
Cheeseburger	Chicken & Waffles	Mexican Pasta	Chicken Soft Taco	No School
WG Sandwich Bun	Breaded Chicken Tenders	WG Dinner Roll	w/ Cheese & Lettuce	
Roasted Potatoes	WG Waffle	Green Beans	WG Soft Tortilla Shell	
Broccoli	Sweet Potato Wedges	Peaches	Black Beans w/ Salsa	
Mandarin Oranges	Applesauce	Margarine	Corn	
Ketchup, Mustard	Ketchup, Syrup		Pears	
14.0-4	45.0-4	40.0-4	47.0-1	40.0-
14-Oct	15-Oct	16-Oct	17-Oct	18-Oc
Breaded Chicken Patty	Meatballs & Gravy	Philly Chicken Sandwich	Pizza Burger	Chicken Alfredo & Pasta
WG Sandwich Bun	WG Dinner Roll	w/ Peppers, Onions & Cheese	WG Sandwich Bun	WG Bread
Baked Beans	Whipped Potatoes	WG Hot Dog Bun	Potato Wedges	Carrots
Peas	Green Beans	Broccoli	Mixed Vegetables	Applesauce
Mixed Fruit	Mandarin Oranges	Peaches	Pears	Margarine
Mayo	Margarine		Ketchup	
21-Oct	22-Oct	23-Oct	24-Oct	25-Oc
Orange Glazed Popcorn Chicken	Beef Hot Dog	Meatsauce & Pasta	Breakfast for Lunch	No School
White Rice	WG Hot Dog Bun	WG Dinner Roll	Sausage & Pancake	
Stir Fry Blend Vegetables	Sweet Potato Wedges	Side Romaine Salad	Breakfast Potatoes	
Pineapple Tidbits	Baked Beans	Green Beans	Cinnamon Sliced Apples	
	Mandarin Oranges	Peaches	Syrup, Ketchup	
	Ketchup, Mustard	Margarine, Italian Dressing		
28-Oct	29-Oct	30-Oct	31-Oct	
Sloppy Joe	Cheese Ravioli	BBQ Meatballs	Breaded Chicken Nuggets	(a)
WG Sandwich Bun	w/ Spaghetti Sauce	WG Hot Dog Bun	WG Dinner Roll	
O'Brien Potatoes	WG Bread	Baked Beans	Sweet Potato Puffs	
Carrots	Green Beans	Sweet & Sour Coleslaw	Broccoli	
	Orcen Deans		Mixed Fruit	
	Pears	Annlessuce		
Pineapple Tidbits	Pears	Applesauce		
	Pears Margarine	Applesauce	BBQ Sauce, Margarine	
		Applesauce		