

NOVEMBER | 2024



Parma K-12 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 NO SCHOOL!
4 Banana Bread Mandarin Orange Cup 100% Fruit Juice Milk	5 Muffin w/Butter Cheese Stick Mixed Fruit Cup 100% Fruit Juice Milk	6 Granola Package Yogurt Fresh Apple Slices 100% Fruit Juice Milk	7 Chocolate Chip Oatmeal Bar Cheese Stick Peach Cup 100% Fruit Juice Milk	8 NO SCHOOL!
11 Snack'N Waffle Cherry Applesauce 100% Fruit Juice Milk	12 Nutri Grain Bar Cheese Stick Raisins 100% Fruit Juice Milk	13 Donut Holes Peach Cup 100% Fruit Juice	14 Tiger Bites Yogurt Mandarin Orange Cup 100% Fruit Juice Milk	15 NO SCHOOL!
18 Mini Cinni's Mango Peach Applesauce 100% Fruit Juice Milk	19 Pop-Tart Cheese Stick Pear Cup 100% Fruit Juice Milk	20 Mini Bagel w/ Cream Cheese Raisins 100% Fruit Juice Milk	21 Snack'N Waffle Cherry Applesauce 100% Fruit Juice	22 NO SCHOOL!
25 NO SCHOOL! THANKSGIVING HOLIDAY!!	26 NO SCHOOL! THANKSGIVING HOLIDAY!!	27 NO SCHOOL! THANKSGIVING HOLIDAY!!	28 NO SCHOOL! THANKSGIVING HOLIDAY!!	29 NO SCHOOL! THANKSGIVING HOLIDAY!!

News

Did you know that all breakfasts are **FREE** to **ALL** students every day?

Students may choose three (3) of the four (4) items daily. One of the items **MUST** be a **FRUIT**.

All breakfast items are whole grain, reduced sugar, low sodium & approved by the USDA Child Nutrition standards set for the National School Lunch Program (NSLP)!

Encourage your student to try breakfast at school...it's healthy, it's nutritious & provides the energy that young learners need to get through the day!

Fueling healthy minds & bodies!