

OCTOBER | 2019



9-12 Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>1</p> <p>2ea. Cheese Breadstick 1ea Marinara Cup ¾ C. Broccoli with cheese 1 pkg 1.6oz Fresh Baby Carrots 1ea Ranch Pkt. 1ea (4oz) Fresh Apple 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>	<p>2</p> <p>2ea. Turkey Sausage 3ea. French toast Sticks/Syrup ¾ C. Potato Wedges ¼ C. Fresh Celery Sticks 1ea Ranch Pkt. ½ C Blueberries 1.12 oz Craisins 1pkg Graham Crackers 8fl oz. Milk</p>	<p>3</p> <p>6oz Chicken & Noodles ¾ C. Mixed Vegetables 1 C. Romaine Salad 1ea Italian Pkt. 1ea (4oz) Fresh Orange 1.12oz Craisins 2ea Cornbread 2oz/Margarine 8fl oz. Milk</p>	<p>4</p> <p>1ea Hot Italian Sandwich w/ Provolone Cheese 1ea Italian Pkt. ¾ C. Veg. Baked Beans ¼ C. Yellow Squash 1ea (4oz) Fresh Pear ½ C Fruit Cocktail 8fl oz. Milk</p>
<p>7</p> <p>3.63oz Sloppy Joe Meat 1ea Sandwich Bun ¾ C. Redskin Potatoes ¼ C, Celery Stick 1ea Ranch Pkt 4oz Strawberry Applesauce 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>	<p>8</p> <p>12ea Popcorn Chicken Bites 1ea BBQ Sauce ¾ C. Mixed Vegetables ¼ C. Fresh Broccoli Florets/Dip 1ea (4oz) Fresh Apple 4fl oz. 100% Fruit Juice 1pkg Graham Crackers 8fl oz. Milk</p>	<p>9</p> <p>3oz Chicken Taco Meat Mixed w/ Refried Beans 1ea Taco Sauce Pkt. 1ea Tortilla Wrap & Chips ¾ C. Fiesta Corn Blend 3/8 C. Red Vegetable Salsa 1ea (4oz) Fresh Orange 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>	<p>10</p> <p>2.03oz Beef & Turkey Frank 1ea Hotdog Bun 1ea Ketchup Pkt. 1 C Fresh Romaine Salad 1pkt Italian Dressing ¼ C. Fresh Grape Tomatoes/Dip ½ C Blueberries 1.16 oz Craisins 8fl oz. Milk</p>	<p>11</p> <p>1ea Stuffed Turkey Pepperoni Pocket ¾ C. Cheesy Potatoes ¼ C. Yellow Squash ½ C Fruit Cocktail 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>
<p>14</p> <p>2ea. Cheese Breadstick 1ea Marinara Cup ¾ C. Broccoli Bake w/ Cheese 1 pkg 1.6oz Fresh Baby Carrots 1ea Ranch Pkt. 1ea (4oz) Fresh Apple 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>	<p>15</p> <p>2ea. Turkey Sausage 3ea. French toast Sticks/Syrup ¾ C. Potato Wedges ¼ C. Fresh Celery Sticks 1ea Ranch Pkt. ½ C Blueberries 1.12 oz Craisins 1pkg Graham Crackers 8fl oz. Milk</p>	<p>16</p> <p>6oz Chicken & Noodles ¾ C. Mixed Vegetables 1 C. Romaine Salad 1ea Italian Pkt. 1ea (4oz) Fresh Orange 1.12oz Craisins 2ea Cornbread 2oz/Margarine 8fl oz. Milk</p>	<p>17</p> <p>3oz Grilled Chicken Breast on 1ea Sandwich Bun ¾ C. Sweet Potatoes ¼ C. Fresh Grape Tomatoes/Dip 1ea (4oz) Fresh Pear ½ C Fruit Cocktail 8fl oz. Milk</p>	<p>18</p> <p>1 ea Turkey Pepperoni Calzone. ½ C. Fresh Cucumber Slices/Dip ½ C. Fresh Broccoli Florets/Dip ½ C. Diced Pineapples 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>
<p>21</p> <p>12ea Popcorn Chicken Bites 1ea BBQ Sauce ¾ C. Mixed Vegetables ¼ C Broccoli Florets/Dip 4oz Strawberry Applesauce 1.12oz Craisins 1 pkg Graham Crackers 8fl oz. Milk</p>	<p>22</p> <p>3oz Chicken Taco Meat Mixed w/ Refried Beans 1ea Taco Sauce Pkt. 1ea Tortilla Wrap & Chips ¾ C. Fiesta Corn Blend 3/8 C. Red Vegetable Salsa 1ea (4oz) Fresh Orange 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>	<p>23</p> <p>2.4oz Beef Patty 1ea Sandwich Bun 1ea Ketchup Packet ¾ C. Potato Wedges ¼ C. Fresh Celery Sticks/Dip ½ C Blueberries 1.16 oz Craisins 8fl oz. Milk</p>	<p>24</p> <p>1 C. Beef Ravioli ¾ C Green Beans 2ea Cornbread 2oz/Margarine 1 C Fresh Romaine Salad 1ea Italian Pkt 1ea (4oz) Fresh Apple 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>	<p>25</p> <p>2.03oz Beef & Turkey Frank 1ea Hotdog Bun 1ea Ketchup Pkt. ¾ C. Cheesy Potatoes ¼ C. Peas 1ea (4oz) Fresh Pear 1.12oz. Craisins 8fl oz. Milk</p>
<p>28</p> <p>3ea. BBQ chicken Bites ¾ C. Diced Carrots ¼ C. Fresh Grape Tomatoes/Dip ½ C. Fruit Cocktail 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>	<p>29</p> <p>2ea. Cheese Breadstick 1ea Marinara Cup ¾ C. Broccoli Bake w/ Cheese 1 pkg 1.6oz Fresh Baby Carrots 1ea Ranch Pkt. 1ea (4oz) Fresh Apple 4fl oz. 100% Fruit Juice 8fl oz. Milk</p>	<p>30</p> <p>2ea. Turkey Sausage 3ea. French toast Sticks/Syrup ¾ C. Potato Wedges ¼ C. Fresh Celery Sticks 1ea Ranch Pkt. ½ C Blueberries 1.12 oz Craisins 1pkg Graham Crackers 8fl oz. Milk</p>	<p>31</p> <p>6oz Chicken & Noodles ¾ C. Mixed Vegetables 1 C. Romaine Salad 1ea Italian Pkt. 1ea (4oz) Fresh Orange 1.12oz Craisins 2ea Cornbread 2oz/Margarine 8fl oz. Milk</p>	<p>1</p>

Provided by:

**Himes Vending
614-868-6931**

**“This institution is an
equal opportunity
provider”**

**No Pork or Peanuts
Served**

2090916