



# DECEMBER | 2019

## K-12 Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 1oz Cereal – Cheerios Graham Crackers, 1pkg Diced Peaches, ½ C 4fl oz 100% Fruit Juice 8fl oz Milk	<b>3</b> Bagel, 1 each Cream Cheese, 1pkg Fruit Cocktail, ½ C Craisins, 1pkg 8fl oz Milk	<b>4</b> 1oz Cereal- Frosted Mini Wheats Graham Crackers, 1pkg Fresh Pear, 1 each 4fl oz 100% Fruit Juice 8fl oz Milk	<b>5</b> Banana Muffin, 1 each String Cheese, 1 each Applesauce, ½ C 4fl oz 100% Fruit Juice 8fl oz Milk	<b>6</b> Trix Cereal Bar, 1 each Graham Crackers, 1pkg Fresh Orange, 1 each 4fl oz 100% Fruit Juice 8fl oz Milk
<b>9</b> Bagel, 1 each Cream Cheese, 1pkg Strawberry Applesauce, 4.5oz Craisins, 1 pkg 8fl oz Milk	<b>10</b> 1oz Cereal – Rice Chex Graham Crackers, 1pkg Fresh Apple, 1 each 4fl oz 100% Fruit Juice 8fl oz Milk	<b>11</b> Apple Cinnamon Muffin, 1 each String Cheese, 1 each Tropical Fruit Salad ½ C 4fl oz 100% Fruit Juice 8fl oz Milk	<b>12</b> 1oz Cereal – Cinn. Toast Crunch Graham Crackers, 1 pkg Craisins, 1pkg 4fl oz 100% Fruit Juice 8fl oz Milk	<b>13</b> Strawberry Breakfast Bar, 1each Graham Crackers, 1pkg Applesauce, ½ C Fresh Orange, 1 each 8fl oz Milk
<b>16</b> 1oz Cereal- Frosted Mini Wheats Graham Crackers, 1pkg Fresh Pear, 1 each 4fl oz 100% Fruit Juice 8fl oz Milk	<b>17</b> Blueberry Muffin, 1 each String Cheese, 1 each Diced Peaches, ½ C Craisins, 1 pkg 8fl oz Milk	<b>18</b> 1oz Cereal – Rice Chex Graham Crackers, 1pkg Tropical Fruit Salad, ½ C 4fl oz 100% Fruit Juice 8fl oz Milk	<b>19</b> Bagel, 1 each Cream Cheese, 1pkg Mandarin Oranges, ½ C Craisins, 1pkg 8fl oz Milk	<b>20</b> Trix Cereal Bar, 1 each Graham Crackers, 1 pkg Craisins, 1pkg 4fl oz 100% Fruit Juice 8fl oz Milk
<b>23</b> Strawberry Breakfast Bar, 1each Graham Crackers, 1 pkg Diced Peaches ½ C 4fl oz 100% Fruit Juice 8fl oz Milk	<b>24</b> 1oz Cereal – Cheerios Graham Crackers, 1 pkg Fresh Orange, 1 each 4fl oz 100% Fruit Juice 8fl oz Milk	<b>25</b> Bagel, 1 each Cream Cheese, 1pkg Fruit Cocktail, ½ C Strawberry Applesauce, 4.5oz 8fl oz Milk	<b>26</b> Blueberry Muffin, 1 each String Cheese, 1 each Diced Pineapple, ½ C Craisins, 1 pkg 8fl oz Milk	<b>27</b> 1oz Cereal- Cinn. Toast Crunch Graham Crackers, 1pkg Fresh Apple, 1 each 4fl oz 100% Fruit Juice 8fl oz Milk
<b>30</b> 1oz Cereal – Cheerios Graham Crackers, 1pkg Diced Peaches, ½ C 4fl oz 100% Fruit Juice 8fl oz Milk	<b>31</b> Bagel, 1 each Cream Cheese, 1pkg Fruit Cocktail, ½ C Craisins, 1pkg 8fl oz Milk	<b>1</b>	<b>2</b>	<b>3</b>

Provided by:

**HIMES VENDING**

614-868-6931

This institution is an equal opportunity provider

No Pork or Peanuts Served

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