

# Name \_\_\_\_\_ Daycare Catering, Inc.



## January 2024

### Monthly Meal Planner

NSLP	Monday	Tuesday	Wednesday	Thursday	Friday
REVISID:					
12-8-2023					
Week 1					
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Milk 1 c. (8 oz)	1 Closed Happy New Year	2 Beef Hot Dog Assorted Fruit Vgtrn Baked Beans WG Bread Slice Milk	3 Breaded Chicken Potty w/ cheese Assorted Fruit WG Bread Slice Milk	4 Chili Mac w/ cheese Assorted Fruit WG Bread Slice Milk	5 Assorted Fruit WG Bread Slice Milk
Week 2					
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Milk 1 c. (8 oz)	8 Burger w/ cheese Assorted Fruit Fries WG Hamburger Bun Milk	9 BBQ Chicken w/ cheese Assorted Fruit Sweet Potatoes WG Hamburger Bun Milk	10 Walking Taco w/ cheese Assorted Fruit Shredded Romaine/Cuban Black Beans WG Chips Milk	11 Chicken Fingers Assorted Fruit Green Beans WG Cornbread Milk	12 French Bread, Cheese, Pizza Assorted Fruit WG Bread Slice Milk
Week 3					
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Milk 1 c. (8 oz)	15 Closed Martin Luther King, Jr. Day	16 Chicken Fajita w/ cheese Assorted Fruit Beans/Shredded Romaine WG Tortilla Milk	17 Mac-N-Cheese Assorted Fruit Garden Salad/Grape Tomatoes WG Bread Slice Milk	18 Chicken Nuggets Assorted Fruit Corn WG Grahams Milk	19 Assorted Fruit WG Bread Slice Milk
Week 4					
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Milk 1 c. (8 oz)	22 Beef Hot Dog Assorted Fruit Vgtrn Baked Beans/Carrots WG Hot Dog Bun Milk	23 NEW Mini Breakfast Dogs Assorted Fruit Potatoes WG Pancake Breading Milk	24 Popcorn Chicken Assorted Fruit Celery WG Bread Slice Milk	25 Chicken Alfredo Assorted Fruit Broccoli WG Roll Milk	26 Assorted Fruit WG Bread Slice Milk
Week 5					
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Milk 1 c. (8 oz)	29 Burger w/ cheese Assorted Fruit Sweet Potato Fries WG Hamburger Bun Milk	30 Mini Corn Dogs Assorted Fruit Vgtrn Baked Beans WG Cornmeal Breading Milk	31 Baked Ziti w/ cheese Assorted Fruit Garden Salad WG Bread Slice Milk		Assorted Fruit can be: Dried fruit (1/4 cup = 1/2 cup eq) Fruit cup (4 oz) variety Juice box (4 oz) variety Fresh & Canned fruit variety

CLOSED

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[www.daycarecateringservice.com](http://www.daycarecateringservice.com)

"This institution is an equal opportunity provider."

\*Subject to change without notice during this reintegration into the "new normal" of available food supplies.



# January 2024

## Cold "Simple Serve" Breakfast Monthly Meal Planner

Simple Serve Bfast

REVISED:

12-8-2023

Week 1

1 cup Milk, fluid  
1 cup fruit, or  
Veg, 100% juice  
2 oz. grain or 1 oz.  
& 1 oz. meat/alt

Week 2

1 cup Milk, fluid  
1 cup fruit, or  
Veg, 100% juice  
2 oz. grain or 1 oz.  
& 1 oz. meat/alt

Week 3

1 cup Milk, fluid  
1 cup fruit, or  
Veg, 100% juice  
2 oz. grain or 1 oz.  
& 1 oz. meat/alt

Week 4

1 cup Milk, fluid  
1 cup fruit, or  
Veg, 100% juice  
2 oz. grain or 1 oz.  
& 1 oz. meat/alt

Week 5

1 cup Milk, fluid  
1 cup fruit, or  
Veg, 100% juice  
2 oz. grain or 1 oz.  
& 1 oz. meat/alt

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

Closed  
Happy New Year

No School

Milk  
Assorted Fruit  
WG Nutri-Grain Bar  
WG Grahams

Milk  
Assorted Fruit  
WG Cereal  
WG Grahams

Milk  
Assorted Fruit  
WG Cereal  
WG Grahams

Milk  
Assorted Fruit  
WG Cereal  
WG Grahams

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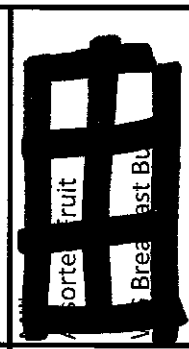
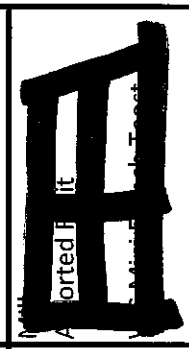
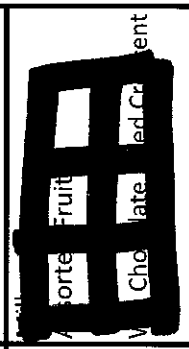
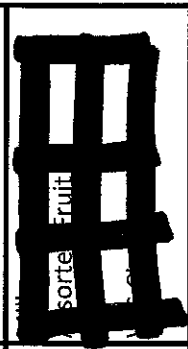
Milk  
Assorted Fruit  
WG Cereal  
WG Grahams

Milk  
Assorted Fruit  
WG Cereal  
WG Grahams

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Assorted Fruit can be:  
Dried fruit (1/4 cup = 1/2 cup eq)  
Fruit cup (4 oz) variety  
Juice box (4 oz) variety  
Fresh & Canned fruit variety